



The Mind in Action

Monthly Psychodrama Psychotherapy Group

A Monthly Saturday Psychodrama Group

Psychodrama is a form of group psychotherapy based in action, providing a supportive, creative and inspiring opportunity to enhance personal development. The group is led by Nancy Piercy and Huw Richards, renowned for their inclusive and participatory style. No previous dramatic experience is needed, simply a desire to explore. The course develops confidence, self awareness, personal insight and expressive abilities.

Costing each of the Saturdays is £46 which includes luncheon.

Huw Richards can be contacted on Mobile:

07939 061 822 or via email on
huwjohnrichards@mac.com

What: Psychodrama Psychotherapy group

When: Saturday Group 2009 October 10th, November 17th, December 8th, 2010 January 16th, February 27th, March 13th, April 17th, May 22nd, June 19th, July 17th

Where: WholeHealth The Fold Bransford

Time: 10am-4.30pm

Other: This event must be booked in advance as numbers are limited.

Please contact Huw Richards to secure a place or for further information.

Nancy Piercy and Huw Richards are Registered Psychotherapists with the United Kingdom Council for Psychotherapy.